



NORFOLK COUNTY A.S.A.

Minutes of Competitions Sub-Committee – Thursday 2nd July 2020 - Zoom

PRESENT:) G. Applin (President), K. Rumsey (Chairman), K. Belton (Treasurer), Mrs K. Woodhouse (Secretary), Mrs D. Barrett (Trophies), R. Barrett (Records/County Colours), R. Every (County Coach), Mrs J. Grimes (Diss), L. Harvey (Championships), P. Kendall (Open Water), Mrs S. Lyons (Gt Yarmouth), S. Murray (East Region Representative), S. Park (Norwich Swan), A. Pinegar (CO Norwich), Mrs C. Rose (President Elect), A. Smith (Technical Director), Mrs T. Spinner (CO Norwich), Ms S Vanderloo (West Norfolk), Sarah (North Norfolk).

1. APOLOGIES: C. Fasey (Thetford), C. Galer (Officials Training), S. Rose (Press & PR), D. Peck (Development), S. Watts (North Norfolk).

2. MINUTES OF MEETING HELD ON 4th February 2020

The minutes of the previous meeting were agreed as a true record.

3. MATTERS ARISING

None

4. CONFIRMATION OF FUTURE CANCELLATIONS

- a) Junior Inter County Gala in September
- b) National Inter County Championship in October
- c) Regional Masters Inter County Championships in November.

5. FEEDBACK ON PROPOSALS FOR 2021 COUNTY CHAMPIONSHIPS.

The Chair explained that following the County Championships debrief meeting and in light of the uncertainty that Covid-19 had created, the main purpose of the meeting was to ensure sure that every swimmer in the County was represented by their club and each club had the chance to have a say. The Working Party debrief notes had been circulated in advance of the meeting. The main action points concerned adding qualifying times for the 16yrs age group, revising the schedule to account for the skins and relays and liaising with Suffolk about maximum swimmer numbers in the long distance events. The pool dates have been provisionally booked for as late as possible in the current window.

Swim England are expected to issue their competition guidance soon which should give greater clarity as to how County Championships are to proceed in 2021.

6. DISCUSSION ON WHAT CLUBS WOULD WANT IN PLACE TO MAKE RUNNING COUNTY CHAMPIONSHIPS 2021 MEANINGFUL

Points for consideration were raised as follows:

- Possibly run a reduced programme (this would usually not be allowed as SE set out what this should look like).
- Run the distance/skins/relay events later in the year.
- All events could be heat declared winners (no finals).
- Social distancing could mean galas look very different from the norm.

It was agreed to wait for SE to publish their competition guidance before proceeding any further with planning. Following this the Championship Secretary will host a Zoom discussion for club coaches and feedback to the County Championships Working Party. The Working Party will then make any revisions and report back to the next Competitions meeting.

7. ANY OTHER BUSINESS

Clubs gave feedback as to what activities were being undertaken by their swimmers during lockdown, what skills/expertise they had that might help other clubs and what the County could do to help swimmers through the transition of no/little training to a full training time table. It became apparent that where some clubs had been able to deliver a variety of sessions via an online platform the frequency of this had varied considerably and some clubs (due to furlough or other restrictions) had been able to do very little or nothing at all. It quickly became clear that a tiered approach to delivery would be required as each club had very different needs. A skills directory would be needed so that any development needs could be demand lead. Swan offered help with S&C and City of Norwich with nutrition. The development budget for this year remains unspent so some funding is available. L Harvey will email coaches so as to begin understanding what each club needs, and to compile a skills directory and to liaise with D Peck.

Once training resumes, coaches will be asked to share their experiences of how the return to the pool has been at their club as this may help others who are experiencing similar problems and provide possible solutions.

Motivating swimmers, especially if a return to competition is delayed, could be a particular problem. One possibility could be virtual swims undertaken during training and providing an element of competition across clubs.

The window for clubs to hold their own meets/galas this year could be limited so with this in mind the clubs were asked to not only cross reference with the County but also to consult with each other or even collaborate with each other to ensure that all swimmers have plenty of opportunity to swim.

FIXTURE LIST

The following events were cancelled

9th May 2020	NCASA Junior Inter-Club Gala and Senior Inter-Club Gala - Sportspark, UEA
10th May 2020	Norfolk Masters – Sportspark, UEA
27th June 2020	Special Olympics – Sportspark, UEA
20th/21st June 2020	County Challenge – Dereham
19th July 2020	NCASA and East Region Open Water Championships – Whitlingham
September 2020	Junior Inter-County Gala – Luton
4th October 2020	National County Team Championships – Ponds Forge, Sheffield

Provisional Dates TBC

20 th /21 st February 2021	County Championships (Long Distance Events) – Sportspark, UEA
27 th /28 th February 2021	County Championships (Main Events) – Sportspark, UEA
6 th /7 th March 2021	County Championships (Main events + skins and relay) – Sportspark, UEA

8. DATE OF NEXT MEETING

TBC