

**Minutes of Joint Norfolk ASA Development Sub-Committee and  
Active Norfolk Swimming Action Group  
on 19th January 2009 at UEA Sportspark**

**Attending**

Chris Galer, Daniel Charlesworth, Kevin Rumsey, Keith Belton, Phil Lown, Janet Baker, Sally Thompson, Sally Lelean

**1. Apologies**

John Peggall, Keith Sutton, Tony Smith

**2. Minutes of Last Meeting and Matters Arising**

Minutes of last meeting were agreed. Further discussion required with regards to updated county development plan.

**3. SAG structure**

This was the first meeting we have had since merging the Swimming Action Group and County Development Group. It was agreed the group would continue to run in this format.

**4. ASA East Region Update**

No report

**5. County Plan Progress**

DC gave an update on the progress the County Development Plan has made. There had been a festival at Diss on 15th November with 17 children attending, several of whom went on to join the club as a result. There is a festival planned on the 22nd February at Aylsham.

The forum meetings continue to run in each district with the exception of South Norfolk. Funding is being put into county officials training, and a coach development day, delivered by Bill Furniss, which coaches attended from all over the County. A grant has recently been given to the disability swimming club so that they can continue the great work they are doing.

A development evening for swimmers from Thetford, Dereham and Diss has been set up on the 29th January to provide education on psychology and nutrition.

AP- DC to look at organising South Norfolk Swim forum.

**6. Present updated County Development Plan**

DC presented an updated and prioritised 18 month action plan to run from October 2008 to March 2010. The main changes in this plan are increases in funding for disability swimming clubs, officials, and open water swimming. The budget sheet accompanying this plan takes into account the under spend from last year, and changes in Sport England funding in year two and three of the plan.

It was agreed that 'Get Safe for Summer' should be rolled out to another location if possible: Dereham and Aylsham are possible venues. It was asked if the Top Up programme funding

was to be given to schools as well as the amount funded per child by the ASA. AP- PL to ask Sarah Tamone.

It was proposed that the funding for 50m training sessions should provide a 25m training day after the County Finals. This would allow a development day for swimmers just under the county standard to be run in April. A coach development day, for which there is also funding available, could be run along side this. A good venue for this would be Wymondham pool. AP- DC and KR to arrange a meeting to organise.

It was suggested that the under spend of the PESSYP funding from swim festivals go towards a disability swimming day. The group agreed this and also put forward the idea of running festivals in syncro and water polo.

Last year volunteers from Norfolk were not put forward to the ASA awards. To ensure more nominations are put in this year DC will take forms along to all of the forum meetings.

A conference to get all of the forums together to share good practice was proposed to run along side the County Relays or County Challenge Gala. AP- DC, KR and JB to discuss.

It was strongly proposed that a Welfare Officers course be run in the County. We would need a 'buy in' of people before putting this on to ensure a good attendance. The group suggested funding travel expenses due to the high importance of all clubs being qualified in this area. AP- PL, JB and DC to ensure a course runs in Norfolk in the near Future.

## **7. AOB**

Norwich Swan have two coaches going through level 3 coaching courses. This is to be funded 50% by AN and 25% by ASA East Region if possible. Action- PL and DC to look into funding for this. PL to talk to Nicki Baker.

## **8. Date of Next Meeting**

Monday 20th April, 7.00pm at Dereham Football Club.