



NORFOLK COUNTY ASA

Executive Committee Meeting –Wednesday 3rd March 2021

PRESENT: K Rumsey (Chairman), K Belton (Treasurer), Mrs K Woodhouse (Secretary), Mrs J Ashley (Norwich Synchro), Mrs D Barrett (Trophies), R Barrett (Records), Mrs S Buchan (North Norfolk Vikings), Mrs C Fasey (Thetford), C Galer (Officials Training), Mrs J Grimes (Diss Otters), L Harvey (Championship Secretary), Mrs J Kendall (Open Water), P Kendall (Past President), A Lelean (Website), A Moore (Disability), S Murray (Past President), I Patterson (City of Norwich), D Peck (Development), S Riches (Norwich Swan), S Rose (West Norfolk), J Salmon (Norwich Swan), A Smith (Past President), Mrs T Spinner (City of Norwich),

10. APOLOGIES: G Applin (President), Mrs C Rose (President Elect),

11. MINUTES OF EXECUTIVE MEETING HELD ON 8th December 2020

The minutes were agreed as a true record.

12. MATTERS ARISING

None.

13. CORRESPONDENCE

Swim England East Region – announcing the election of the following three members’ representatives to Regional Operation Committee: Ian Cotton, Sheila McKenzie and Geraldine Metcalf.

Swim England East Region – information on independent nominations to the Regional Operations Committee.

Swim England East Region – a summary of last month’s Club Chairs’ Forum.

Swim England – Following the Government announcement that swimming may be able to resume for Under 18s on 12th April, the SE Leadership Group will meet to establish a roadmap back to competition. Regional and County Coordinator meetings will follow as soon as possible.

Sarah Carter – sad news that Jean Thompson (Past President), has died following a short illness. The Secretary has sent condolences and flowers to Sarah (Jean’s daughter) and her family on the County’s behalf.

Youth Advisory Panel – details of the well-being and development webinar series starting on Saturday 6th March.

14. TREASURER’S REPORT

The balance sheet had been circulated in advance of the meeting. The Treasurer drew the meeting’s attention to a number of instances where budget significantly differed from actual on the balance sheet:

Affiliation Fees: The £80.41 is mainly fees collected late last year which were far higher than anticipated.

Development Overspend: £1,230 expenditure was due to the webinar series which had not been anticipated at the start of the financial year, there is more to come from the first series.

Sundry Expenses: £3,581.04 was the extra affiliation rebate agreed.

Paul Kendall asked about the Open Water fees income: The budget of £600 assumes that open water training will take place this year. The cost of the sessions is within the overall development budget and the £150 under Suffolk ASA is their share of the difference between cost and income.

15. CURRENT SWIMMERS’ and MEMBERS’ ACHIEVEMENTS

Stewart Murray has been appointed as a FINA Referee.

Jacqui and **Paul Kendall** have been appointed as Open Water FINA Referees.

Jacqui Kendall has been reappointed to the FINA List of Open Water Referees. The appointment is for four years.

Jessica-Jane Applegate has been selected to represent Team GB at the Paralympics in Tokyo later this year. Some County swimmers have achieved selection for the British Championships in April. Unfortunately due to lack of training, most are unlikely to compete.

A number of **Norwich Synchro** swimmers were able to take part in an artistic swimming Level X National land training event.

Congratulations to all.

16. FEEDBACK ON DEVELOPMENT WEBINAR SERIES

Chris Galer reported that feedback received from clubs, coaches and parents had been very positive. The sessions were informative and enjoyable. Concern over numbers attending (as the Zoom limit is 100 participants) were unfounded with 70-75 being the largest attendance. There were a total of 600 participants across the series. The majority of webinars were not recorded due to copyright restrictions with some of the webinar leaders. The sessions were presented by the following:

Sports Psychology – Helen Davis

Nutrition – 13yrs & under Alex Pinniger, 14yrs & over Jasmine Campbell

Elite Athlete – Aimee Willmott

A second webinar programme has been developed with reference to the feedback received. This will commence with a webinar for parents led by Gordon MacLelland. There will be a session with Helen Davis to follow on from the first psychology webinar and an additional psychology session for coaches, a cook-a-long with nutritionist Jasmine Campbell and a presentation by GB swimmer James Guy. All sessions will be differentiated by age. Details will be circulated to clubs in the next few days.

Please note the webinars are intended for all aquatic disciplines.

Chris Galer expressed thanks to Alex Pinniger (City of Norwich) for presenting an excellent nutrition webinar to our younger aged swimmers and to Stewart Park (Norwich Swan) and Sarah Vanderloo (West Norfolk), who helped field questions at the sessions.

The Chairman thanked Chris Galer and Stewart Murray for organising such a successful development programme and Keith Belton for acting as host at all the Zoom sessions.

17. REPORTS

Officials Training and Development: Stewart Murray has been appointed as a FINA referee.

Open Water: The East Region is hoping to hold an open water event at Whitlingham on 18th July. This is likely to be very different from the usual championships held, with distances being shorter and safety being paramount in light of the coronavirus pandemic. For example traditionally there has been a festival feel to the event with families gathering on the banks for picnics, this is unlikely to be allowed in 2021. It was agreed that the County would support the event in principal particularly as it may be one of the few opportunities for swimmers to actually compete before the summer break. It was felt that a shorter distance may encourage greater uptake. More open water officials would be needed and also safety marshals (canoeists and paddle-boarders).

A letter had been circulated to clubs outlining some of these ideas and asking for feedback and support. Responses should be sent to the County Secretary by 12th April in time for the Regional Open Water Meeting later that month. It should be stressed that the East Region would need support from all six counties in order to proceed.

18. ANY OTHER BUSINESS

- Competitions sub-committee: a date for the next meeting has yet to be set. A meeting will be called when there is clear guidance from Swim England as to when and how competitions will resume.
- There will be a refresher for County officials before the return to competition.
- Newly appointed FINA Referee, Stewart Murray, thanked the county's experienced referees for their training and support over the last few years.

Date of next meeting: Wednesday 1st June 2021

Please note that the following Executive dates have been confirmed: 1st June 2021, 1st September 2021

AGM: Wednesday 24th November 2021

Competitions Sub-Committee: TBC

All meetings will be held remotely via Zoom.