

Norfolk County Challenge Gala 2010
At Dereham
Session - A

EVENT 1 Girls Open 50m Freestyle

09 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time |
|-------|------------------------|-----|--------------|--------|
| 1. | Peyton Ewbank | 9 | Norwich Swan | 38.01 |
| 2. | Gabriella Crick | 9 | Gt Yarmouth | 38.70 |
| 3. | Aimee Palmer | 9 | Little Fish | 39.24 |
| 4. | Georgia Folkard | 9 | Norwich Swan | 40.94 |
| 5. | Katie Halmshaw | 9 | Diss Otters | 41.47 |
| 6. | Camille Majtenyi Hill | 9 | Norwich Swan | 41.55 |
| 7. | Georgina Free | 9 | Thetford | 42.16 |
| 8. | Emily Loveland | 9 | Gt Yarmouth | 42.33 |
| 9. | Ellie Leaker | 9 | Norwich Swan | 44.07 |
| 10. | Natasha Mansfield-Holl | 9 | Gt Yarmouth | 44.58 |
| 10. | Annabel Heywood | 9 | Hunstanton | 44.58 |
| 12. | Mead Clarke | 9 | Thetford | 45.01 |
| 13. | Mollie Smith | 9 | Norfolk Vikg | 45.42 |
| 14. | Clarissa Burwood | 9 | Gt Yarmouth | 45.50 |
| 15. | Elise Gray | 9 | Thetford | 46.38 |
| 16. | Eryn Freeman | 9 | Thetford | 46.57 |
| 17. | Emily Collins | 9 | Dereham | 48.28 |
| 18. | Amber Preston | 9 | Dereham | 51.58 |
| | Molly Bowyer | 9 | Norfolk Vikg | DQ ST- |

10 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time |
|-------|-----------------------|-----|--------------|-------|
| 1. | Amy Clarke | 10 | Dereham | 33.90 |
| 2. | Roxanne Uys | 10 | West Norfolk | 36.14 |
| 3. | Augusta Welsh | 10 | Norwich Swan | 36.41 |
| 4. | Tabitha Cooke | 10 | Little Fish | 36.67 |
| 5. | Georgia Boyd | 10 | Dereham | 36.98 |
| 6. | Hannah Brecknell | 10 | Dereham | 37.24 |
| 7. | Rachel Robinson | 10 | Norwich Swan | 37.35 |
| 8. | Megan Woodhouse | 10 | Norwich Swan | 38.63 |
| 9. | Philippa Rice | 10 | Diss Otters | 38.70 |
| 10. | Jessica Nash | 10 | Diss Otters | 38.78 |
| 11. | Kayleigh Venables | 10 | West Norfolk | 38.82 |
| 12. | Lauren James | 10 | Gt Yarmouth | 39.11 |
| 13. | Elena Sarson | 10 | Diss Otters | 39.16 |
| 14. | Amelia Driver | 10 | Gt Yarmouth | 39.17 |
| 15. | Abbie Farrow | 10 | Thetford | 39.57 |
| 16. | Eleanor Barnes | 10 | Dereham | 39.71 |
| 17. | Ellie Bickerton-Jones | 10 | Norwich Swan | 39.79 |
| 18. | Felicity Martin | 10 | UEA Norwich | 39.84 |
| 19. | Ellena Hornagold | 10 | UEA Norwich | 40.18 |
| 20. | Robyn Woodhouse | 10 | Norwich Swan | 40.96 |
| 21. | Mhairi Parsons | 10 | Diss Otters | 41.28 |
| 22. | Amie Copp | 10 | Thetford | 41.47 |
| 23. | Isobel Robbins | 10 | Gt Yarmouth | 41.62 |
| 24. | Eleanor Lavelle | 10 | Dereham | 41.65 |
| 25. | Sarah Crooks | 10 | UEA Norwich | 42.38 |
| 26. | Katie King | 10 | Norwich Swan | 43.47 |
| 27. | Grace Pettigrew | 10 | Gt Yarmouth | 43.63 |
| 28. | Emily Gilbert | 10 | Dereham | 45.50 |
| 29. | Bethany Jermy | 10 | Norwich Swan | 46.50 |

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11 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time |
|-------|------------------|-----|--------------|-------|
| 1. | Isabel Holmes | 11 | Dereham | 33.71 |
| 2. | Megan Mann | 11 | Dereham | 33.83 |
| 3. | Olivia Broadway | 11 | Norwich Swan | 33.94 |
| 4. | Yael Ronen | 11 | Norwich Swan | 33.97 |
| 5. | Eleanor Latta | 11 | Norfolk Vikg | 34.04 |
| 6. | Sophie Empson | 11 | West Norfolk | 34.26 |
| 7. | Danielle Page | 11 | Gt Yarmouth | 34.41 |
| 8. | Rebecca Gedge | 11 | Little Fish | 34.53 |
| 9. | Eleanor Maslin | 11 | West Norfolk | 34.54 |
| 10. | Elise Sorrell | 11 | West Norfolk | 34.73 |
| 11. | Grace Baxter | 11 | Gt Yarmouth | 35.47 |
| 12. | Abby Cordell | 11 | Norwich Swan | 35.81 |
| 13. | Lucy Drane | 11 | Little Fish | 35.97 |
| 14. | Kes Clarke | 11 | Little Fish | 36.20 |
| 15. | Chloe Cox | 11 | Dereham | 36.52 |
| 16. | Taylor Hudson | 11 | Gt Yarmouth | 36.53 |
| 17. | Elsie Garner | 11 | Hunstanton | 36.80 |
| 18. | Abbie Currington | 11 | Dereham | 37.44 |
| 19. | Alexandra Ashley | 11 | Thetford | 37.47 |
| 20. | Rebecca Woods | 11 | Dereham | 38.42 |
| 21. | Nila Taylor | 11 | Diss Otters | 38.85 |
| 22. | Sophie Ralph | 11 | Norwich Swan | 39.03 |
| 23. | Natalie Warnes | 11 | West Norfolk | 39.81 |
| 24. | Lucy Marriott | 11 | West Norfolk | 39.93 |
| 25. | Emma Jones | 11 | Dereham | 40.55 |
| 26. | Emma Longlands | 11 | Norwich Swan | 41.05 |
| 27. | Emma Cox | 11 | Dereham | 41.29 |
| 28. | Sarah Hanrahan | 11 | Little Fish | 42.77 |
| 29. | Morgan Gerrity | 11 | Norwich Swan | 42.85 |

12 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time |
|-------|----------------------|-----|--------------|-------|
| 1. | Hannah Vick | 12 | West Norfolk | 31.04 |
| 2. | Hannah Janisch | 12 | West Norfolk | 32.20 |
| 3. | Cloudy Majtenyi Hill | 12 | Norwich Swan | 32.69 |
| 4. | Francesca Wallace | 12 | Diss Otters | 32.88 |
| 5. | Jaimee Woodhouse | 12 | Norwich Swan | 33.06 |
| 6. | Adelaide Loveland | 12 | Gt Yarmouth | 33.33 |
| 7. | Chloe Kiddell | 12 | UEA Norwich | 33.57 |
| 8. | Paige Lovage | 12 | Gt Yarmouth | 33.88 |
| 9. | Bethany Palmer | 12 | Little Fish | 34.44 |
| 9. | India Barnett | 12 | Little Fish | 34.44 |
| 11. | Laura Loveland | 12 | Gt Yarmouth | 34.72 |
| 12. | Katherine Turton | 12 | Gt Yarmouth | 34.94 |
| 13. | Jessica Shoesmith | 12 | Dereham | 35.38 |
| 14. | Rebecca Baxter | 12 | West Norfolk | 35.49 |
| 15. | Emily Jeffery | 12 | West Norfolk | 35.52 |
| 16. | Georgina Matthews | 12 | Norwich Swan | 35.56 |
| 17. | Chloe-Rose Beddows | 12 | Gt Yarmouth | 36.00 |
| 18. | Chloe Le Roy | 12 | Norwich Swan | 36.06 |
| 19. | Grace Dellar | 12 | West Norfolk | 36.68 |
| 20. | Bethany Roberts | 12 | Gt Yarmouth | 36.82 |
| 21. | Jazz Simpson | 12 | Little Fish | 36.93 |
| 22. | Megan Curtis | 12 | Norwich Swan | 37.56 |
| 23. | Fern Ramsdale | 12 | West Norfolk | 38.09 |

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|-----|------------------|----|--------------|-------|
| 24. | Amber Manthorpe | 12 | UEA Norwich | 38.44 |
| 24. | Chloe Barrett | 12 | Little Fish | 38.44 |
| 26. | Hannah Walker | 12 | Norwich Swan | 39.36 |
| 27. | Francesca Ashley | 12 | Thetford | 46.27 |

13 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time |
|-------|------------------|-----|--------------|-------|
| 1. | Hannah Lennox | 13 | Dereham | 30.64 |
| 2. | Emily Lutkin | 13 | Diss Otters | 30.96 |
| 3. | Amy Turner | 13 | Norwich Swan | 31.57 |
| 4. | Grace Cordeaux | 13 | Little Fish | 32.58 |
| 5. | Catherine Ruff | 13 | Norfolk Vikg | 32.86 |
| 6. | Beth Smith | 13 | West Norfolk | 32.99 |
| 7. | Lydia Holmes | 13 | Dereham | 33.15 |
| 8. | Chelsea Chapman | 13 | Dereham | 33.60 |
| 9. | Kirsty Barker | 13 | Diss Otters | 33.65 |
| 10. | Amy Cross | 13 | West Norfolk | 35.09 |
| 11. | Olivia Hornagold | 13 | UEA Norwich | 35.21 |
| 12. | Alice Smith | 13 | Thetford | 35.22 |
| 13. | Matilda Ansell | 13 | Little Fish | 35.54 |
| 14. | Kayleigh Beare | 13 | Gt Yarmouth | 36.11 |
| 15. | Emily Hammans | 13 | Dereham | 38.27 |
| 16. | Natalie Coogans | 13 | Dereham | 39.19 |
| | Rebecca Spry | 13 | Gt Yarmouth | DNC |

14 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time |
|-------|------------------|-----|--------------|-------|
| 1. | Zoe Johnson | 14 | UEA Norwich | 31.35 |
| 2. | Lucy Clift | 14 | West Norfolk | 31.70 |
| 3. | Emma Starling | 14 | Norwich Swan | 31.84 |
| 4. | Jennifer Youngs | 14 | UEA Norwich | 32.42 |
| 5. | Lily Jones | 14 | Norwich Swan | 32.65 |
| 6. | Rachel Bowling | 14 | West Norfolk | 33.10 |
| 7. | Emma Tudge | 14 | Dereham | 35.11 |
| 8. | Laura Nichols | 14 | Dereham | 35.82 |
| 9. | India Loveland | 14 | Gt Yarmouth | 35.90 |
| 10. | Kirsten Venables | 14 | West Norfolk | 37.18 |
| 11. | Morgan Copp | 14 | Thetford | 43.77 |

15 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time |
|-------|------------------|-----|--------------|-------|
| 1. | Laura Jones | 15 | Dereham | 32.08 |
| 2. | Maike Gerdes | 15 | Norfolk Vikg | 32.16 |
| 3. | Jessica Lowe | 15 | Dereham | 32.96 |
| 4. | Natasha Pestka | 15 | Gt Yarmouth | 33.18 |
| 5. | Isabelle Trayton | 15 | Thetford | 34.16 |
| 6. | Faye Brown | 15 | Dereham | 35.60 |

16 Yrs/Over Age Group - Full Results

| Place | Name | AaD | Club | Time |
|-------|------------------|-----|--------------|-------|
| 1. | Emma Wright | 16 | Norwich Swan | 30.04 |
| 2. | Zoe Ward | 17 | Norwich Swan | 31.40 |
| 3. | Harriet Miller | 18 | Diss Otters | 31.54 |
| 4. | Sigourney Swann | 16 | Dereham | 31.81 |
| 5. | Kayleigh Preston | 16 | Dereham | 34.59 |

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EVENT 2 Boys Open 50m Backstroke

09 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time |
|-------|------------------------|-----|--------------|---------|
| 1. | Barnaby Morgan | 9 | Thetford | 46.22 |
| 2. | Samuel Walker | 9 | Norwich Swan | 47.38 |
| 3. | Aaron Hudson | 9 | Gt Yarmouth | 47.82 |
| 4. | Jack Collins | 9 | Gt Yarmouth | 47.89 |
| 5. | Joseph Windsor-Freeman | 9 | Gt Yarmouth | 48.92 |
| 6. | Nick Perkins | 9 | UEA Norwich | 49.74 |
| 7. | Lewis Cooper | 9 | Norfolk Vikg | 49.88 |
| 8. | Harvey Sarson | 9 | Diss Otters | 51.12 |
| 9. | Ryan Manthorpe | 9 | UEA Norwich | 51.26 |
| 10. | Matthew Hanrahan | 9 | Little Fish | 52.24 |
| 11. | Joseph Thorpe | 9 | Little Fish | 56.78 |
| 12. | Cameron Hewson | 9 | Hunstanton | 1:01.63 |
| 13. | Conor Hillard | 9 | Hunstanton | 1:03.02 |
| | Conna Dungar | 9 | UEA Norwich | DNC |
| | Charlie Beck | 9 | Gt Yarmouth | DQ T- |

10 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time |
|-------|------------------|-----|--------------|-------|
| 1. | Jake Honey | 10 | Gt Yarmouth | 43.60 |
| 2. | Liam Levy-Twomey | 10 | Thetford | 44.13 |
| 3. | Simon Linford | 10 | UEA Norwich | 44.59 |
| 4. | Nicholas Wileman | 10 | Norwich Swan | 48.14 |
| 5. | Samuel Cooper | 10 | Norfolk Vikg | 49.82 |
| 6. | Thomas Brandford | 10 | Dereham | 56.15 |
| | Jordan Simpson | 10 | Little Fish | DQ S- |
| | Oliver Rose | 10 | Dereham | DQ T- |

11 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time |
|-------|--------------------|-----|--------------|-------|
| 1. | Samuel Crafer | 11 | Norfolk Vikg | 37.46 |
| 2. | Jonathan James | 11 | Dereham | 39.20 |
| 3. | Samuel Hubbard | 11 | Dereham | 41.61 |
| 4. | Mark Chaney Baxter | 11 | UEA Norwich | 41.75 |
| 5. | Charlie Grisley | 11 | Norwich Swan | 41.81 |
| 6. | Matthew Tait | 11 | Dereham | 42.42 |
| 7. | Samuel Neal | 11 | Diss Otters | 44.60 |
| 8. | Jacob Blades | 11 | Diss Otters | 44.74 |
| 9. | Joseph Dann | 11 | Norwich Swan | 45.17 |
| 10. | Dominic Johnson | 11 | Diss Otters | 46.87 |
| 11. | George Loveland | 11 | Gt Yarmouth | 49.88 |
| 12. | Alexander Bartlett | 11 | Diss Otters | 51.13 |
| | Jake Hall | 11 | West Norfolk | DQ T- |

12 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time |
|-------|-----------------|-----|--------------|-------|
| 1. | Thomas Matthews | 12 | Norwich Swan | 36.12 |
| 2. | Oliver Kenny | 12 | West Norfolk | 36.54 |
| 3. | Louis Gent | 12 | Dereham | 37.63 |
| 4. | Fraser Ellis | 12 | Norwich Swan | 38.15 |
| 5. | Declan Scott | 12 | Gt Yarmouth | 38.81 |
| 6. | Philip Davis | 12 | Norwich Swan | 39.10 |

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|-----|-----------------|----|--------------|-------|
| 7. | Matthew Addis | 12 | West Norfolk | 40.17 |
| 8. | Jack Mattless | 12 | Dereham | 41.87 |
| 9. | Ben Rose | 12 | Diss Otters | 43.64 |
| 10. | William Beck | 12 | Gt Yarmouth | 43.80 |
| 11. | Kieran Sparrow | 12 | Dereham | 47.54 |
| 12. | Matthew Summers | 12 | Norwich Swan | 48.51 |

13 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time |
|-------|--------------------|-----|--------------|-------|
| 1. | Benjamin Whitbourn | 13 | Dereham | 34.94 |
| 2. | Sean Voutt | 13 | Dereham | 35.13 |
| 3. | Joseph Doherty | 13 | West Norfolk | 35.62 |
| 4. | Jordan King | 13 | Diss Otters | 35.98 |
| 5. | Edmund Youngs | 13 | UEA Norwich | 36.02 |
| 6. | Joseph Whiting | 13 | West Norfolk | 39.33 |
| 7. | Noah Horne-Morris | 13 | Norfolk Vikg | 40.25 |
| 8. | James Mann | 13 | Gt Yarmouth | 41.32 |
| 9. | George Mann | 13 | Gt Yarmouth | 42.87 |
| | Ryan Sykes | 13 | West Norfolk | DNC |

14 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time |
|-------|---------------|-----|-------------|-------|
| 1. | Lawrence King | 14 | Gt Yarmouth | 32.40 |

15 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time |
|-------|-----------------|-----|--------------|-------|
| 1. | Joe Hatton | 15 | UEA Norwich | 32.26 |
| 2. | Joshua Gray | 15 | West Norfolk | 33.19 |
| 3. | Anthony Buckley | 15 | Dereham | 34.40 |
| 4. | Samuel Ruff | 15 | Norfolk Vikg | 35.16 |
| 5. | Samuel Jamieson | 15 | Dereham | 36.28 |

16 Yrs/Over Age Group - Full Results

| Place | Name | AaD | Club | Time |
|-------|---------------|-----|--------------|-------|
| 1. | Mark Collins | 16 | West Norfolk | 31.45 |
| 2. | Harry Crisp | 16 | Dereham | 32.22 |
| 3. | Matthew Black | 16 | Norwich Swan | 34.42 |
| 4. | Liam Harvey | 18 | Diss Otters | 35.61 |

EVENT 3 Girls Open 200m Backstroke

09 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time | 50 | 100 | 150 |
|-------|------------------------|-----|--------------|---------|-------|---------|---------|
| 1. | Georgia Folkard | 9 | Norwich Swan | 3:33.02 | 50.14 | 1:47.31 | 2:42.34 |
| 2. | Aimee Palmer | 9 | Little Fish | 3:46.70 | 54.34 | 1:52.51 | 2:54.40 |
| 3. | Annabel Heywood | 9 | Hunstanton | 3:53.60 | - | - | - |
| | Emily Collins | 9 | Dereham | DQ | T-3L | | |
| | Natasha Mansfield-Holl | 9 | Gt Yarmouth | DQ | T-4L | | |

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10 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time | 50 | 100 | 150 |
|-------|------------------|-----|--------------|---------|-------|---------|---------|
| 1. | Augusta Welsh | 10 | Norwich Swan | 3:17.92 | 47.57 | 1:39.73 | 2:31.25 |
| 2. | Philippa Rice | 10 | Diss Otters | 3:18.73 | 47.61 | 1:39.60 | 2:31.49 |
| 3. | Elena Sarson | 10 | Diss Otters | 3:22.78 | 49.61 | 1:41.97 | 2:35.35 |
| 4. | Amelia Driver | 10 | Gt Yarmouth | 3:23.71 | 48.27 | 1:40.95 | 2:35.02 |
| 5. | Ellena Hornagold | 10 | UEA Norwich | 3:25.15 | 50.29 | 1:43.25 | 2:37.18 |
| 6. | Felicity Martin | 10 | UEA Norwich | 3:29.81 | 53.23 | 1:46.33 | 2:39.50 |
| 7. | Mhairi Parsons | 10 | Diss Otters | 3:30.24 | 49.51 | 1:42.73 | 2:38.79 |
| 8. | Hannah Brecknell | 10 | Dereham | 3:30.68 | 48.93 | 1:46.42 | 2:42.54 |
| 9. | Sarah Crooks | 10 | UEA Norwich | 3:31.54 | 51.24 | 1:45.48 | 2:40.08 |
| 10. | Eleanor Barnes | 10 | Dereham | 3:34.33 | 49.09 | 1:44.79 | 2:41.09 |
| 11. | Emily Gilbert | 10 | Dereham | 3:46.16 | 52.92 | 1:51.79 | 2:50.23 |
| 12. | Tabitha Cooke | 10 | Little Fish | 3:47.78 | 52.92 | 1:52.03 | 2:53.16 |
| | Megan Woodhouse | 10 | Norwich Swan | | DQ | T-2L | |
| | Georgia Boyd | 10 | Dereham | | DQ | T-6L | |
| | Jessica Nash | 10 | Diss Otters | | DQ | T-7L | |

11 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time | 50 | 100 | 150 |
|-------|-----------------|-----|--------------|---------|-------|---------|---------|
| 1. | Yael Ronen | 11 | Norwich Swan | 2:58.44 | 39.87 | 1:25.57 | 2:13.50 |
| 2. | Eleanor Latta | 11 | Norfolk Vikg | 3:03.25 | 42.95 | 1:30.99 | 2:19.44 |
| 3. | Elise Sorrell | 11 | West Norfolk | 3:09.01 | 44.45 | 1:33.59 | 2:23.89 |
| 4. | Eleanor Maslin | 11 | West Norfolk | 3:09.98 | 44.93 | 1:32.76 | 2:22.01 |
| 5. | Abby Cordell | 11 | Norwich Swan | 3:11.42 | 44.33 | 1:34.29 | 2:23.95 |
| 6. | Chloe Cox | 11 | Dereham | 3:12.37 | 45.14 | 1:35.14 | 2:25.46 |
| 7. | Olivia Broadway | 11 | Norwich Swan | 3:13.17 | 47.09 | 1:37.26 | 2:27.59 |
| 8. | Lucy Marriott | 11 | West Norfolk | 3:16.43 | 46.81 | 1:36.75 | 2:27.88 |
| 9. | Sophie Ralph | 11 | Norwich Swan | 3:19.75 | 47.95 | 1:39.20 | 2:31.66 |
| 10. | Megan Mann | 11 | Dereham | 3:19.78 | 44.04 | 1:35.54 | 2:28.57 |
| 11. | Sophie Empson | 11 | West Norfolk | 3:24.34 | 46.43 | 1:40.26 | 2:35.52 |
| 12. | Natalie Warnes | 11 | West Norfolk | 3:27.79 | 50.28 | 1:43.87 | 2:36.98 |
| 13. | Lucy Drane | 11 | Little Fish | 3:32.18 | 47.99 | 1:42.18 | 2:39.67 |
| 14. | Rebecca Woods | 11 | Dereham | 3:47.37 | 51.05 | 1:50.77 | 2:54.28 |
| 15. | Emma Cox | 11 | Dereham | 3:50.74 | 57.15 | 1:56.45 | 2:55.20 |
| | Abigail Whiting | 11 | West Norfolk | | DQ | T-1L | |
| | Isabel Holmes | 11 | Dereham | | DQ | T-6L | |
| | Elsie Garner | 11 | Hunstanton | | DQ | T-7L | |

12 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time | 50 | 100 | 150 |
|-------|----------------------|-----|--------------|---------|-------|---------|---------|
| 1. | Cloudy Majtenyi Hill | 12 | Norwich Swan | 2:52.97 | 40.77 | 1:25.18 | 2:10.29 |
| 2. | Chloe Kiddell | 12 | UEA Norwich | 2:56.07 | 42.07 | 1:27.98 | 2:14.04 |
| 3. | Emily Jeffery | 12 | West Norfolk | 2:58.49 | 40.05 | 1:25.81 | 2:12.91 |
| 4. | Jaimee Woodhouse | 12 | Norwich Swan | 2:59.98 | 40.71 | 1:25.26 | 2:12.20 |
| 5. | Bethany Palmer | 12 | Little Fish | 3:03.53 | 45.01 | 1:32.45 | 2:19.83 |
| 6. | Paige Lovage | 12 | Gt Yarmouth | 3:03.73 | 42.42 | 1:29.17 | 2:18.48 |
| 7. | Caitlin Davy | 12 | Diss Otters | 3:06.19 | 42.65 | 1:30.02 | 2:19.06 |
| 8. | Jessica Shoesmith | 12 | Dereham | 3:07.67 | 44.96 | 1:33.28 | 2:23.32 |

13 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time | 50 | 100 | 150 |
|-------|----------------|-----|--------------|---------|-------|---------|---------|
| 1. | Anna Bales | 13 | Dereham | 2:51.10 | 40.31 | 1:24.55 | 2:08.91 |
| 2. | Catherine Ruff | 13 | Norfolk Vikg | 2:54.10 | 41.12 | 1:25.50 | 2:11.38 |
| 3. | Amy Turner | 13 | Norwich Swan | 2:54.54 | 42.48 | 1:27.87 | 2:12.50 |

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|----|---------------|----|-------------|---------|-------|---------|---------|
| 4. | Carly Rose | 13 | Diss Otters | 3:04.85 | 42.82 | 1:30.32 | 2:18.94 |
| 5. | Emily Hammans | 13 | Dereham | 3:21.23 | 45.40 | 1:37.40 | 2:30.34 |

14 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time | 50 | 100 | 150 |
|-------|-----------------|-----|--------------|---------|-------|---------|---------|
| 1. | Zoe Johnson | 14 | UEA Norwich | 2:42.38 | 37.68 | 1:19.31 | 2:02.15 |
| 2. | Jennifer Youngs | 14 | UEA Norwich | 2:43.45 | 38.39 | 1:20.46 | 2:02.79 |
| 3. | Lucy Clift | 14 | West Norfolk | 2:47.88 | 39.48 | 1:21.82 | 2:05.15 |
| 4. | Laura Nichols | 14 | Dereham | 3:00.77 | 42.65 | 1:28.43 | 2:15.82 |

15 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time | 50 | 100 | 150 |
|-------|-------------|-----|-------------|---------|-------|---------|---------|
| 1. | Sophie King | 15 | Diss Otters | 2:49.45 | 39.67 | 1:22.64 | 2:06.75 |

16 Yrs/Over Age Group - Full Results

| Place | Name | AaD | Club | Time | 50 | 100 | 150 |
|-------|-----------------|-----|---------|---------|-------|---------|---------|
| 1. | Sigourney Swann | 16 | Dereham | 2:49.76 | 40.10 | 1:23.32 | 2:07.08 |

EVENT 4 Boys Open 200m Breaststroke

09 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time | 50 | 100 | 150 |
|-------|------------------|-----|--------------|---------|---------|---------|---------|
| 1. | Matthew Hanrahan | 9 | Little Fish | 4:50.51 | 1:04.89 | 2:20.00 | 3:36.90 |
| 2. | Cameron Hewson | 9 | Hunstanton | 5:01.07 | 1:04.36 | 2:24.70 | 3:45.45 |
| 3. | Conor Hillard | 9 | Hunstanton | 5:03.87 | 1:08.58 | 2:27.77 | 3:49.46 |
| | Samuel Walker | 9 | Norwich Swan | | DQ | T-1L | |
| | Joseph Thorpe | 9 | Little Fish | | DQ | T-5L | |

10 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time | 50 | 100 | 150 |
|-------|---------------|-----|-------------|---------|-------|---------|---------|
| 1. | Simon Linford | 10 | UEA Norwich | 3:59.24 | 52.93 | 1:53.95 | 2:56.72 |
| 2. | Finlay Ryan | 10 | Dereham | 4:01.28 | 55.39 | 1:56.82 | 2:59.13 |

11 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time | 50 | 100 | 150 |
|-------|--------------------|-----|--------------|---------|---------|---------|---------|
| 1. | Jonathan James | 11 | Dereham | 3:35.32 | 50.27 | 1:46.03 | 2:41.07 |
| 2. | Samuel Crafer | 11 | Norfolk Vikg | 3:39.29 | 50.79 | 1:47.62 | 2:45.23 |
| 3. | Charlie Grisley | 11 | Norwich Swan | 3:40.89 | 50.36 | 1:47.44 | 2:45.12 |
| 4. | Joseph Dann | 11 | Norwich Swan | 3:44.29 | 51.23 | 1:50.59 | 2:47.90 |
| 5. | Matthew Tait | 11 | Dereham | 3:53.10 | 1:50.11 | - | 2:51.65 |
| 6. | Dominic Johnson | 11 | Diss Otters | 4:16.42 | - | - | 3:11.54 |
| 7. | Alexander Bartlett | 11 | Diss Otters | 4:20.91 | 57.86 | 2:04.43 | 3:13.89 |
| 8. | Ciaran Chapman | 11 | Little Fish | 4:22.79 | - | - | 2:08.72 |

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12 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time | 50 | 100 | 150 |
|-------|---------------|-----|--------------|---------|-------|---------|---------|
| 1. | Matthew Addis | 12 | West Norfolk | 3:29.50 | 50.90 | 1:45.89 | 2:39.56 |
| 2. | Declan Scott | 12 | Gt Yarmouth | 3:30.88 | 47.80 | 1:42.08 | 2:38.18 |
| 3. | Jack Mattless | 12 | Dereham | 3:38.70 | 47.41 | 1:42.02 | 2:40.83 |
| 4. | Fraser Ellis | 12 | Norwich Swan | 3:40.36 | 49.21 | 1:44.50 | 2:42.51 |
| | Louis Gent | 12 | Dereham | | | | DQ T-4L |

13 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time | 50 | 100 | 150 |
|-------|--------------------|-----|--------------|---------|---------|---------|---------|
| 1. | Jordan King | 13 | Diss Otters | 3:09.03 | 42.34 | 1:31.37 | 2:21.82 |
| 2. | Edmund Youngs | 13 | UEA Norwich | 3:09.15 | 42.86 | 1:31.09 | 2:20.50 |
| 3. | Matthew Wileman | 13 | UEA Norwich | 3:13.86 | 45.40 | 1:35.74 | 2:26.58 |
| 4. | Benjamin Whitbourn | 13 | Dereham | 3:30.97 | 47.60 | 1:41.47 | 2:37.39 |
| 5. | George Mann | 13 | Gt Yarmouth | 3:40.28 | 49.75 | 1:45.95 | 2:42.98 |
| 6. | James Mann | 13 | Gt Yarmouth | 3:46.78 | 1:50.63 | - | 2:49.61 |
| | Ryan Sykes | 13 | West Norfolk | | | | DNC |
| | Joseph Whiting | 13 | West Norfolk | | | | DQ T-1L |

15 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time | 50 | 100 | 150 |
|-------|-----------------|-----|---------|---------|-------|---------|---------|
| 1. | Luke Sheard | 15 | Dereham | 2:59.78 | 39.47 | 1:24.33 | 2:12.49 |
| 2. | Samuel Jamieson | 15 | Dereham | 3:25.32 | 43.92 | 1:35.65 | 2:30.54 |

16 Yrs/Over Age Group - Full Results

| Place | Name | AaD | Club | Time | 50 | 100 | 150 |
|-------|-----------------|-----|--------------|---------|-------|---------|---------|
| 1. | Alex Murray | 16 | West Norfolk | 2:48.22 | 37.23 | 1:19.57 | 2:03.08 |
| 2. | Brandon Tennant | 16 | Gt Yarmouth | 3:10.33 | 43.28 | 1:31.97 | 2:22.48 |

EVENT 5 Girls 12 Yrs/Over 100m Breaststroke

12 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time | 50 | |
|-------|----------------------|-----|--------------|---------|-------|---------|
| 1. | Hannah Vick | 12 | West Norfolk | 1:27.04 | 42.04 | |
| 2. | Laura Loveland | 12 | Gt Yarmouth | 1:31.06 | 43.86 | |
| 3. | Francesca Wallace | 12 | Diss Otters | 1:32.79 | 44.97 | |
| 4. | Cloudy Majtenyi Hill | 12 | Norwich Swan | 1:36.82 | 46.75 | |
| 5. | Katherine Turton | 12 | Gt Yarmouth | 1:37.33 | 45.33 | |
| 6. | Adelaide Loveland | 12 | Gt Yarmouth | 1:40.22 | 46.99 | |
| 7. | Bethany Palmer | 12 | Little Fish | 1:41.50 | 48.86 | |
| 8. | Katie Maloney | 12 | UEA Norwich | 1:42.59 | 49.18 | |
| 9. | India Barnett | 12 | Little Fish | 1:44.22 | 49.70 | |
| 10. | Emily Jeffery | 12 | West Norfolk | 1:44.42 | 48.49 | |
| 11. | Jessica Shoesmith | 12 | Dereham | 1:44.72 | 49.23 | |
| 12. | Georgina Matthews | 12 | Norwich Swan | 1:44.93 | 48.83 | |
| 13. | Jazz Simpson | 12 | Little Fish | 1:47.06 | 52.04 | |
| 14. | Chloe Barrett | 12 | Little Fish | 1:49.41 | 52.12 | |
| 15. | Hannah Walker | 12 | Norwich Swan | 1:51.67 | 49.86 | |
| 16. | Francesca Ashley | 12 | Thetford | 2:03.77 | 58.70 | |
| | Grace Dellar | 12 | West Norfolk | | | DQ T-3L |

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13 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time | 50 |
|-------|------------------|-----|--------------|---------|-------|
| 1. | Emily Lutkin | 13 | Diss Otters | 1:33.13 | 42.60 |
| 2. | Amy Cross | 13 | West Norfolk | 1:33.63 | 44.25 |
| 3. | Amy Turner | 13 | Norwich Swan | 1:35.07 | 45.52 |
| 4. | Kate Brighten | 13 | Norwich Swan | 1:35.20 | 45.18 |
| 5. | Hannah Lennox | 13 | Dereham | 1:36.44 | 44.59 |
| 6. | Olivia Hornagold | 13 | UEA Norwich | 1:36.55 | 44.88 |
| 7. | Natalie Coogans | 13 | Dereham | 1:36.90 | 46.50 |
| 8. | Beth Smith | 13 | West Norfolk | 1:37.44 | 45.53 |
| 9. | Hannah Blades | 13 | Diss Otters | 1:39.52 | 47.61 |
| 10. | Emily Hammans | 13 | Dereham | 1:44.45 | 48.85 |
| 11. | Matilda Ansell | 13 | Little Fish | 1:47.22 | 51.31 |
| 12. | Kayleigh Beare | 13 | Gt Yarmouth | 1:52.14 | 51.08 |
| | Rebecca Spry | 13 | Gt Yarmouth | DNC | |

14 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time | 50 |
|-------|------------------|-----|--------------|---------|-------|
| 1. | Kelly Pywell | 14 | Gt Yarmouth | 1:26.86 | 41.98 |
| 2. | Jennifer Youngs | 14 | UEA Norwich | 1:32.13 | 45.69 |
| 3. | Zoe Johnson | 14 | UEA Norwich | 1:35.73 | 44.74 |
| 4. | Emma Starling | 14 | Norwich Swan | 1:36.14 | 45.72 |
| 5. | India Loveland | 14 | Gt Yarmouth | 1:38.49 | 47.70 |
| 6. | Emma Tudge | 14 | Dereham | 1:42.93 | 48.94 |
| 7. | Kirsten Venables | 14 | West Norfolk | 1:49.04 | 49.33 |

15 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time | 50 |
|-------|------------------|-----|--------------|---------|-------|
| 1. | Emma Seaman | 15 | Dereham | 1:32.03 | 44.13 |
| 2. | Maike Gerdes | 15 | Norfolk Vikg | 1:34.15 | 43.87 |
| 3. | Faye Brown | 15 | Dereham | 1:35.74 | 43.97 |
| 4. | Sophie King | 15 | Diss Otters | 1:37.16 | 45.83 |
| 5. | Isabelle Trayton | 15 | Thetford | 1:39.69 | 46.16 |

16 Yrs/Over Age Group - Full Results

| Place | Name | AaD | Club | Time | 50 |
|-------|------------------|-----|--------------|---------|-------|
| 1. | Zoe Ward | 17 | Norwich Swan | 1:35.79 | 44.44 |
| 2. | Kayleigh Preston | 16 | Dereham | 1:37.49 | 47.35 |

EVENT 6 Boys 12 Yrs/Over 100m Butterfly

12 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time | 50 |
|-------|--------------|-----|--------------|---------|-------|
| 1. | Nathan Wells | 12 | West Norfolk | 1:21.13 | 37.56 |
| 2. | Oliver Kenny | 12 | West Norfolk | 1:23.24 | 38.52 |
| 3. | Philip Davis | 12 | Norwich Swan | 1:30.41 | 41.90 |
| 4. | Declan Scott | 12 | Gt Yarmouth | 1:30.91 | 42.63 |

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13 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time | 50 |
|-------|-------------------|-----|--------------|---------|--------|
| 1. | Edmund Youngs | 13 | UEA Norwich | 1:19.42 | 37.07 |
| 2. | Joseph Doherty | 13 | West Norfolk | 1:20.03 | 37.67 |
| 3. | Matthew Wileman | 13 | UEA Norwich | 1:22.31 | 38.82 |
| | James Mann | 13 | Gt Yarmouth | | DNC |
| | Noah Horne-Morris | 13 | Norfolk Vikg | | DQ SL- |

15 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time | 50 |
|-------|-----------------|-----|--------------|---------|-------|
| 1. | Joshua Gray | 15 | West Norfolk | 1:09.05 | 31.27 |
| 2. | Joe Hatton | 15 | UEA Norwich | 1:09.83 | 33.36 |
| 3. | Luke Sheard | 15 | Dereham | 1:11.20 | 32.45 |
| 4. | Thomas Smith | 15 | Gt Yarmouth | 1:13.59 | 31.68 |
| 5. | Anthony Buckley | 15 | Dereham | 1:23.60 | 35.44 |
| 6. | Samuel Jamieson | 15 | Dereham | 1:23.77 | 38.22 |

16 Yrs/Over Age Group - Full Results

| Place | Name | AaD | Club | Time | 50 |
|-------|-----------------|-----|--------------|---------|-------|
| 1. | Mark Collins | 16 | West Norfolk | 1:04.34 | 29.86 |
| 2. | Stewart Park | 27 | Dereham | 1:06.04 | 29.90 |
| 3. | Matthew Black | 16 | Norwich Swan | 1:15.71 | 34.90 |
| 4. | Harry Crisp | 16 | Dereham | 1:18.58 | 36.26 |
| 5. | Brandon Tennant | 16 | Gt Yarmouth | 1:19.01 | 36.19 |

EVENT 7 Girls 12 Yrs/Over 200m IM

12 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time | 50 | 100 | 150 |
|-------|----------------------|-----|--------------|---------|-------|---------|---------|
| 1. | Cloudy Majtenyi Hill | 12 | Norwich Swan | 2:57.19 | 40.64 | 1:26.52 | 2:18.96 |
| 2. | Francesca Wallace | 12 | Diss Otters | 3:06.82 | 43.77 | 1:35.80 | 2:27.22 |
| 3. | Laura Loveland | 12 | Gt Yarmouth | 3:08.03 | 44.67 | 1:31.89 | 2:25.37 |
| 4. | Caitlin Davy | 12 | Diss Otters | 3:08.71 | 42.79 | 1:30.02 | 2:26.86 |
| 5. | Jessica Shoesmith | 12 | Dereham | 3:13.79 | 44.73 | 1:33.79 | 2:31.87 |
| 6. | Bethany Palmer | 12 | Little Fish | 3:17.13 | 46.67 | 1:39.14 | 2:35.25 |
| 7. | Jazz Simpson | 12 | Little Fish | 3:35.71 | 49.06 | 1:44.80 | 2:45.46 |
| | Bethany Roberts | 12 | Gt Yarmouth | | | | DNC |
| | Hannah Janisch | 12 | West Norfolk | | | | DNC |
| | Fern Ramsdale | 12 | West Norfolk | | | | DQ T-4L |

13 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time | 50 | 100 | 150 |
|-------|----------------|-----|--------------|---------|-------|---------|---------|
| 1. | Hannah Blades | 13 | Diss Otters | 2:56.11 | 38.67 | 1:20.49 | 2:15.72 |
| 2. | Emily Lutkin | 13 | Diss Otters | 2:58.30 | 39.12 | 1:25.08 | 2:19.34 |
| 3. | Lydia Holmes | 13 | Dereham | 3:02.49 | 40.25 | 1:30.27 | 2:21.02 |
| 4. | Grace Cordeaux | 13 | Little Fish | 3:02.50 | 38.76 | 1:27.20 | 2:22.58 |
| 5. | Kirsty Barker | 13 | Diss Otters | 3:09.51 | 41.31 | 1:27.51 | 2:29.15 |
| 6. | Amy Cross | 13 | West Norfolk | 3:09.96 | 44.47 | 1:33.04 | 2:27.78 |
| 7. | Carly Rose | 13 | Diss Otters | 3:15.70 | 43.15 | 1:31.90 | 2:29.93 |
| 8. | Matilda Ansell | 13 | Little Fish | 3:36.31 | 50.81 | 1:49.43 | 2:47.74 |
| | Rebecca Spry | 13 | Gt Yarmouth | | | | DNC |
| | Catherine Ruff | 13 | Norfolk Vikg | | | | DQ T-4L |

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14 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time | 50 | 100 | 150 |
|-------|-----------------|-----|--------------|---------|-------|---------|---------|
| 1. | Zoe Johnson | 14 | UEA Norwich | 2:49.53 | 38.75 | 1:20.94 | 2:11.46 |
| 2. | Jennifer Youngs | 14 | UEA Norwich | 2:50.38 | 39.46 | 1:22.42 | 2:13.79 |
| 3. | Rachel Bowling | 14 | West Norfolk | 2:51.45 | 39.71 | 1:28.25 | 2:12.84 |
| 4. | Kelly Pywell | 14 | Gt Yarmouth | 2:52.48 | 41.15 | 1:27.73 | 2:14.27 |
| 5. | Lucy Clift | 14 | West Norfolk | 2:55.59 | 39.34 | 1:23.92 | 2:16.98 |
| 6. | Lily Jones | 14 | Norwich Swan | 3:03.05 | 42.39 | 1:27.51 | 2:22.36 |
| 7. | Emma Starling | 14 | Norwich Swan | 3:06.22 | 39.90 | 1:27.46 | 2:21.32 |

15 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time | 50 | 100 | 150 |
|-------|----------------|-----|-------------|---------|-------|---------|---------|
| 1. | Natasha Pestka | 15 | Gt Yarmouth | 2:58.76 | 43.57 | 1:26.97 | 2:19.53 |
| 2. | Sophie King | 15 | Diss Otters | 3:00.16 | 40.87 | 1:27.21 | 2:19.24 |
| 3. | Jessica Lowe | 15 | Dereham | 3:13.58 | 41.93 | 1:34.00 | 2:32.10 |

16 Yrs/Over Age Group - Full Results

| Place | Name | AaD | Club | Time | 50 | 100 | 150 |
|-------|------------------|-----|---------|---------|-------|---------|---------|
| 1. | Kayleigh Preston | 16 | Dereham | 3:08.24 | 45.21 | 1:32.83 | 2:27.89 |