

NORFOLK COUNTY AMATEUR SWIMMING ASSOCIATION

Affiliated to the Amateur Swimming Association East Region

Norfolk County Junior Swimming League

League Secretary:- Elaine Bowen, Beechcroft House, Rectory Hill, Rickinghall, Diss, IP22 1EH

Telephone:- 07876 494244

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23/03/2011

Confirmation sent to: *Representatives of the following Clubs via email :*

Dereham & District Swimming Club; Norwich Swan Swimming Club;
Diss Otters Swimming Club; Thetford Dolphins Swimming Club;
Great Yarmouth Swimming Club; UEA City of Norwich Swimming Club;
Little Fish Swimming Club; West Norfolk Swimming Club;
North Norfolk Vikings Swimming Club;

cc President: Adam Lelean, President Elect: Stewart Murray, Chairman & Secretary: Malcolm Watkins,
Treasurer: Keith Belton, Competitions Secretary: Katie Bull, Asst. Secretary: Tony Smith, Chris Galer,
Geoff Clark, Cath Copeman

Results of Round 1 Galas on 19 March 2011

<u>Dereham</u>			<u>Wymondham</u>	
Position		Gala Points		Gala Points
1 st	Dereham Otters	219	Norwich Swan A	210
2 nd	UEA City of Norwich	181	Great Yarmouth	179
3 rd	Thetford Dolphins	162	Little Fish	168
4 th	West Norfolk	145	Diss Otters	138
5 th	North Norfolk Vikings	109	Norwich Swan B	87

League Positions after Round 1 and Lane Draw for Round 2 on Saturday 9th April 2011

Copeman Cup Gala at Wymondham Leisure Pool : 6.50pm Start. Warm up 6.30pm

		Points		
		Gala	League	Lane
Dereham Otters		219	6 + 6 = 12	3
Norwich Swan 'A'	<i>Host Club</i>	210	6 + 6 = 12	4
UEA City of Norwich		181	5 + 6 = 11	2
Great Yarmouth		179	5 + 6 = 11	5
Little Fish		168	4 + 6 = 10	1

Christine Clark Cup Gala at Thetford Waterworld Pool : 6.20pm Start. Warm up 6.00pm

		Points		
		Gala	League	Lane
Thetford Dolphins	<i>Host Club</i>	162	4	3
West Norfolk		145	3	4
Diss Otters		138	3	2
North Norfolk Vikings		109	2	5
Norwich Swan 'B'		87	2	1

Clubs are reminded to bring their own Judges and Timekeepers. Clubs are also requested to help provide some of the other Gala Officials and helpers if requested by the host Clubs.

Both Galas will be using the AOE. Warm up and Competition lanes have been allocated as above.

The Copeman Cup will be presented to the winning Team of the League at the Wymondham Gala by Mrs C Copeman and/or John Toll, ASA East Region President, with the Christine Clark Memorial Cup to the winning Team at the Thetford Gala by Stuart Murray, NCASA President Elect

Yours sincerely

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Elaine Bowen, League Secretary

