

Norfolk County ASA Open Masters
On 16th May 2015
At UEA Sports Park

EVENT 1 Mens/Womens Open 100m Medley Team

072+ Yrs Age Group - Full Results

1.	Asa Temporary cat 2 cl	072+	Asa Temp 2	54.58
2.	St Ives SC	072+	St Ives	1:01.10

120+ Yrs Age Group - Full Results

1.	East Anglian Swallow T	120+	East Anglian	1:03.28
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160+ Yrs Age Group - Full Results

1.	East Anglian Swallow T	160+	East Anglian	1:02.64
2.	St Ives SC	160+	St Ives	1:06.47
3.	Saxons	160+	Newmarket	1:14.96

200+ Yrs Age Group - Full Results

1.	East Anglian Swallow T	200+	East Anglian	1:14.54
2.	Wild Geese	200+	West Norfolk	1:24.20

EVENT 2 Mens Open 100m Medley Team

072+ Yrs Age Group - Full Results

1.	West Norfolk	072+	West Norfolk	53.52
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120+ Yrs Age Group - Full Results

1.	East Anglian Swallow T	120+	East Anglian	1:00.22
2.	UEA City of Norwich SC	120+	UEA Norwich	1:03.76

160+ Yrs Age Group - Full Results

1.	East Anglian Swallow T	160+	East Anglian	1:06.74
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200+ Yrs Age Group - Full Results

1.	Barbarians	200+	Team Anglia	59.33
2.	St Ives SC	200+	St Ives	1:06.51

240+ Yrs Age Group - Full Results

1.	Wild Geese	240+	West Norfolk	1:26.19
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EVENT 3 Womens Open 100m Medley Team

072+ Yrs Age Group - Full Results

1.	St Ives SC	072+	St Ives	1:03.94
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120+ Yrs Age Group - Full Results

1.	East Anglian Swallow T	120+	East Anglian	1:07.67
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160+ Yrs Age Group - Full Results

1.	UEA City of Norwich SC	160+	UEA Norwich	1:03.32
2.	Diss Otters SC	160+	Diss Otters	1:24.62
	East Anglian Swallow T	160+	East Anglian	DNC

EVENT 4 Mens Open 50m Freestyle

18/24 Yrs Age Group - Full Results

1.	Nathan HENDERSON	23	Gt Yarmouth	24.37	699
2.	Reece PARKER	20	Southend	25.36	628
3.	George EVANS	20	Gwich Royals	25.51	618
4.	Alex MURRAY	22	West Norfolk	25.89	592
5.	Joshua GRAY	21	West Norfolk	26.01	585
6.	Matthew CRACKELL	24	Corby	26.57	550
7.	Samuel CHANDLER	19	West Norfolk	27.57	493
8.	Simon TATE	22	Godalming	27.96	473

25/29 Yrs Age Group - Full Results

1.	James NICHOLAS	26	UEA Norwich	26.49	555
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30/34 Yrs Age Group - Full Results

1.	William APPLEBY	33	Dereham	24.88	661
2.	Max PATERSON	34	Norfolk Vikg	25.59	612
3.	Wade RIMBACH	31	Otter	26.84	534

35/39 Yrs Age Group - Full Results

1.	Stephen GREENWOOD	39	St Ives	29.10	417
2.	Lawrence TURNER	35	East Anglian	29.24	411
3.	Reuben SMITH	35	Newmarket	29.27	410

40/44 Yrs Age Group - Full Results

1.	Stuart DYBLE	44	Norfolk Vikg	27.98	471
2.	Mark CLAXTON	44	Norfolk Vikg	28.26	457
3.	Rob HAMMOND	42	UEA Norwich	28.78	432
4.	William DESBOROUGH	41	St Ives	30.21	370
5.	Lee BENNETT	44	UEA Norwich	33.53	257

45/49 Yrs Age Group - Full Results

1.	Marcel SCHOLTEN	49	Modernians	26.24	570
2.	Phillip MOULSON	49	East Anglian	30.31	366
3.	David BORTHWICK	47	East Anglian	30.37	363
4.	Clive MITSON	46	Stowmarket	31.99	304
5.	David BOYCE	46	East Anglian	33.18	267
6.	Duncan SPICER	49	Ruislip Nwd	34.37	235
7.	Robert ARTHUR	47	West Norfolk	39.66	131
	Ian BALFOUR	47	Norfolk Vikg	DNC	

50/54 Yrs Age Group - Full Results

1.	Martyn FRESHER	53	March	28.92	425
2.	Andrew BENNETT	50	St Ives	29.33	407
3.	Richard O'LEARY	51	March	29.70	391
4.	Steve COE	52	Thetford	30.28	367
5.	Peter LYNCH	53	Stowmarket	30.36	364
6.	Adam LELEAN	53	Diss Otters	30.50	358
7.	Rob GARRY	51	Mildenhall	37.58	165

55/59 Yrs Age Group - Full Results

1.	David CARTLEDGE	55	Modernians	28.15	463
2.	Philip COTTON	59	Norwich Swan	30.45	360
3.	John GOODALL	58	Dartford	31.52	320
4.	Shane PREECE	58	East Anglian	34.29	237
5.	Nicholas HUNT	59	Chelmsford	35.71	203
6.	Clive TUKE	58	St Ives	35.96	197
7.	John BROWNE	57	Mildenhall	44.49	77

60/64 Yrs Age Group - Full Results

1.	David ROYALL	60	East Anglian	35.22	214
2.	Peter RANK	63	Co Cambridge	37.32	170
3.	David COLES	61	West Norfolk	44.06	81
4.	Tony TRAYFORD	63	West Norfolk	48.02	52

65/69 Yrs Age Group - Full Results

1.	Terence THORNE	65	East Anglian	30.81	346
2.	Stuart MCLELLAN	66	Sudbury	33.31	263
3.	Ted FARRIER	65	St Ives	34.33	236
4.	James GOODALL	67	East Anglian	46.39	63
5.	Roy WILSON	69	Ruislip Nwd	46.49	62

70/74 Yrs Age Group - Full Results

1.	John YOUNGMAN	74	West Norfolk	42.13	100
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75/79 Yrs Age Group - Full Results

1.	Joseph O'DEA	75	Ruislip Nwd	47.69	54
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80/84 Yrs Age Group - Full Results

1.	Neil HOWELL	83	East Anglian	1:09.42	5
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85 Yrs/Over Age Group - Full Results

1.	Donald MACFARLANE	86	West Norfolk	1:20.12	1
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EVENT 5 Womens Open 50m Freestyle**18/24 Yrs Age Group - Full Results**

1.	Alison BINNS	19	Bushey	27.85	676
2.	Clare BARTINGTON	22	UEA Norwich	28.62	628
3.	Mimi BARR	21	Bath Uni WP	28.65	626
4.	Natalie ALLEN	22	UEA Norwich	30.71	513
5.	Cara FRESHER	22	March	31.88	458

25/29 Yrs Age Group - Full Results

1.	Cathy THOMSON	25	St Ives	28.46	637
2.	Amanda BEDDER	29	Norwich Swan	29.77	561
3.	Hannah SARGENT	25	St Ives	31.00	498
4.	Emily AUST	25	Biggleswade	31.28	485
5.	Claire GILCHRIST	26	East Anglian	31.81	461
6.	Cheryl BELTON	26	Norwich Swan	34.77	346
7.	Rebecca JACKSON	29	Diss Otters	34.86	343

30/34 Yrs Age Group - Full Results

1.	Catherine MARKWELL	34	UEA Norwich	28.40	641
2.	Sarah OSMAN	31	East Anglian	30.20	539
3.	Sarah HOLDEN	31	Hadleigh	32.29	440

35/39 Yrs Age Group - Full Results

1.	Kate WARWICK	37	East Anglian	28.89	611
2.	Lynne MEALE	38	UEA Norwich	30.56	520

40/44 Yrs Age Group - Full Results

1.	Zoe CRAY	41	teamipswich	27.48	701
2.	Rachel BULLINGHAM	41	West Suffolk	35.92	310
3.	Schuyler NEWSTEAD	43	St Ives	37.28	271

45/49 Yrs Age Group - Full Results

1.	Lisa WITHERS	49	Newmarket	35.38	326
2.	Emma FOX	45	UEA Norwich	37.24	272
3.	Sarah ADCOCK	48	East Anglian	39.86	211
4.	Sarah EVANS	46	Diss Otters	43.26	152

50/54 Yrs Age Group - Full Results

1.	Debbie MATLESS	52	UEA Norwich	31.01	498
2.	Sarah TAYLOR	50	West Norfolk	41.47	181
3.	Suzanne CARTER	54	West Norfolk	44.91	129
4.	Desiree PENNINGTON	53	West Norfolk	45.42	123

55/59 Yrs Age Group - Full Results

1.	Kim LYNCH	56	Stowmarket	34.73	347
2.	Jane BLACKWELL	56	UEA Norwich	34.98	339
3.	Angela SHACKLETON	58	East Anglian	36.82	284
4.	Sharon MCLELLAN	57	Sudbury	36.96	280
5.	Vanessa POOLEY	57	East Anglian	39.03	229
6.	Jacqueline PATEL	55	Kings Corm	49.05	87

60/64 Yrs Age Group - Full Results

1.	Susan THORNETT	60	Diss Otters	46.49	111
2.	Pamela HOSKINS	61	East Anglian	46.54	111
3.	Sally LELEAN	64	Diss Otters	56.22	43

65/69 Yrs Age Group - Full Results

1.	Mary HOLLAND	69	Long Eaton	38.58	239
2.	Patricia JACKSON	68	East Anglian	39.87	211
3.	Elizabeth REID	65	Impington	43.71	145

70/74 Yrs Age Group - Full Results

1.	Alvine HAISTEAD	72	East Anglian	57.81	37
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EVENT 6 Mens Open 50m Backstroke**18/24 Yrs Age Group - Full Results**

1.	George EVANS	20	Gwich Royals	28.19	628
2.	Samuel CHANDLER	19	West Norfolk	32.04	430
3.	Alex MURRAY	22	West Norfolk	34.44	340

30/34 Yrs Age Group - Full Results

1.	Wade RIMBACH	31	Otter	31.23	466
2.	Max PATERSON	34	Norfolk Vikg	31.45	456

35/39 Yrs Age Group - Full Results

1.	David WEBSTER	37	East Anglian	30.32	510
2.	Reuben SMITH	35	Newmarket	35.60	303
	Nick TYRRELL	36	East Anglian	DQ FI	

40/44 Yrs Age Group - Full Results

1.	Stuart DYBLE	44	Norfolk Vikg	33.88	359
2.	Mark CLAXTON	44	Norfolk Vikg	35.43	308
3.	Lee BENNETT	44	UEA Norwich	42.80	149

45/49 Yrs Age Group - Full Results

1.	Adam KORN	49	East Anglian	33.96	356
2.	Marcel SCHOLTEN	49	Modernians	35.08	319
3.	Clive MITSON	46	Stowmarket	37.24	258
4.	David BORTHWICK	47	East Anglian	39.93	198
5.	Duncan SPICER	49	Ruislip Nwd	48.86	82
	Ian BALFOUR	47	Norfolk Vikg	DNC	

50/54 Yrs Age Group - Full Results

1.	Martyn FRESHER	53	March	37.75	245
2.	Steve COE	52	Thetford	38.65	225
3.	Adam LELEAN	53	Diss Otters	39.95	198
4.	Rob GARRY	51	Mildenhall	47.07	98

55/59 Yrs Age Group - Full Results

1.	David CARTLEDGE	55	Modernians	33.06	389
2.	Philip COTTON	59	Norwich Swan	37.42	254
3.	Nicholas HUNT	59	Chelmsford	41.15	176
4.	John GOODALL	58	Dartford	42.39	155

60/64 Yrs Age Group - Full Results

1.	David ROYALL	60	East Anglian	41.90	163
2.	Peter RANK	63	Co Cambridge	50.23	72

65/69 Yrs Age Group - Full Results

1.	Stuart MCLELLAN	66	Sudbury	42.60	152
2.	James GOODALL	67	East Anglian	55.19	44
3.	Roy WILSON	69	Ruislip Nwd	56.65	38

70/74 Yrs Age Group - Full Results

1.	John YOUNGMAN	74	West Norfolk	51.99	60
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75/79 Yrs Age Group - Full Results

1.	Joseph O'DEA	75	Ruislip Nwd	59.61	28
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80/84 Yrs Age Group - Full Results

1.	Neil HOWELL	83	East Anglian	1:05.46	16
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EVENT 7 Womens Open 50m Backstroke**18/24 Yrs Age Group - Full Results**

1.	Alison BINNS	19	Bushey	31.58	664
2.	Mimi BARR	21	Bath Uni WP	31.64	661
3.	Natalie ALLEN	22	UEA Norwich	36.48	436

25/29 Yrs Age Group - Full Results

1.	Hannah SARGENT	25	St Ives	33.86	546
2.	Amanda BEDDER	29	Norwich Swan	35.04	493
3.	Claire GILCHRIST	26	East Anglian	36.58	432
4.	Cheryl BELTON	26	Norwich Swan	41.63	280

30/34 Yrs Age Group - Full Results

1.	Catherine MARKWELL	34	UEA Norwich	34.47	518
2.	Sarah HOLDEN	31	Hadleigh	35.08	492
3.	Laura BLOWERS	32	East Anglian	35.17	488
4.	Hanna DABBOUR	32	East Anglian	40.57	307

40/44 Yrs Age Group - Full Results

1.	Zoe CRAY	41	teamipswich	30.01	760
2.	Mel CHAPMAN	41	UEA Norwich	36.51	435

45/49 Yrs Age Group - Full Results

1.	Emma FOX	45	UEA Norwich	44.05	227
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50/54 Yrs Age Group - Full Results

1.	Jane SMITH	51	Newmarket	44.92	211
2.	Sarah TAYLOR	50	West Norfolk	51.17	123
3.	Desiree PENNINGTON	53	West Norfolk	56.45	78

55/59 Yrs Age Group - Full Results

1.	Vanessa POOLEY	57	East Anglian	44.69	215
2.	Jane BLACKWELL	56	UEA Norwich	45.90	194
3.	Sharon MCLELLAN	57	Sudbury	48.37	157
4.	Jacqueline PATEL	55	Kings Corm	1:06.61	32

60/64 Yrs Age Group - Full Results

1.	Sally LELEAN	64	Diss Otters	53.38	102
2.	Pamela HOSKINS	61	East Anglian	56.72	76

65/69 Yrs Age Group - Full Results

1.	Patricia JACKSON	68	East Anglian	44.58	217
2.	Elizabeth REID	65	Impington	50.76	128

70/74 Yrs Age Group - Full Results

1.	Alvine HAISTEAD	72	East Anglian	1:10.18	24
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EVENT 8 Mens Open 50m Butterfly

18/24 Yrs Age Group - Full Results

1.	Nathan HENDERSON	23	Gt Yarmouth	27.42	626
2.	Reece PARKER	20	Southend	27.63	613
3.	George EVANS	20	Gwich Royals	27.72	607
4.	Joshua GRAY	21	West Norfolk	28.02	589
5.	Alex MURRAY	22	West Norfolk	28.84	542
6.	Samuel CHANDLER	19	West Norfolk	31.67	407

25/29 Yrs Age Group - Full Results

1.	James NICHOLAS	26	UEA Norwich	28.37	569
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30/34 Yrs Age Group - Full Results

1.	William APPLEBY	33	Dereham	28.90	539
2.	Wade RIMBACH	31	Otter	30.34	466
3.	Max PATERSON	34	Norfolk Vikg	30.35	465

35/39 Yrs Age Group - Full Results

1.	David WEBSTER	37	East Anglian	31.76	404
2.	Lawrence TURNER	35	East Anglian	33.11	352

40/44 Yrs Age Group - Full Results

1.	Stuart DYBLE	44	Norfolk Vikg	30.06	479
2.	Rob HAMMOND	42	UEA Norwich	31.54	413
3.	William DESBOROUGH	41	St Ives	33.16	350
4.	Lee BENNETT	44	UEA Norwich	41.63	149

45/49 Yrs Age Group - Full Results

1.	Marcel SCHOLTEN	49	Modernians	30.60	454
2.	Phillip MOULSON	49	East Anglian	33.63	334
3.	David BORTHWICK	47	East Anglian	35.52	276
4.	Duncan SPICER	49	Ruislip Nwd	39.24	189
	Ian BALFOUR	47	Norfolk Vikg	DNC	

50/54 Yrs Age Group - Full Results

1.	Richard O'LEARY	51	March	32.45	376
2.	Martyn FRESHER	53	March	32.97	357
3.	Steve COE	52	Thetford	34.08	319
4.	Adam LELEAN	53	Diss Otters	35.02	290
5.	Rob GARRY	51	Mildenhall	53.05	47

55/59 Yrs Age Group - Full Results

1.	David CARTLEDGE	55	Modernians	30.94	438
2.	Philip COTTON	59	Norwich Swan	33.73	331
3.	Nicholas HUNT	59	Chelmsford	36.12	260

65/69 Yrs Age Group - Full Results

1.	Terence THORNE	65	East Anglian	35.25	283
2.	Stuart MCLELLAN	66	Sudbury	41.17	156
3.	Chris TRUEMAN	68	UEA Norwich	41.18	155
4.	Roy WILSON	69	Ruislip Nwd	58.02	28
5.	James GOODALL	67	East Anglian	1:02.63	17

75/79 Yrs Age Group - Full Results

1.	Joseph O'DEA	75	Ruislip Nwd	52.10	51
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EVENT 9 Womens Open 50m Butterfly

18/24 Yrs Age Group - Full Results

1.	Mimi BARR	21	Bath Uni WP	30.38	647
2.	Natalie ALLEN	22	UEA Norwich	35.76	398
3.	Cara FRESHER	22	March	38.58	309

25/29 Yrs Age Group - Full Results

1.	Cathy THOMSON	25	St Ives	31.64	577
2.	Claire GILCHRIST	26	East Anglian	34.42	449
3.	Amanda BEDDER	29	Norwich Swan	35.61	403

30/34 Yrs Age Group - Full Results

1.	Sarah OSMAN	31	East Anglian	33.37	494
2.	Laura BLOWERS	32	East Anglian	36.02	389
3.	Sarah HOLDEN	31	Hadleigh	38.13	321

40/44 Yrs Age Group - Full Results

	Zoe CRAY	41	teamipswich	DNC	
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45/49 Yrs Age Group - Full Results

1.	Lisa WITHERS	49	Newmarket	39.12	294
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50/54 Yrs Age Group - Full Results

1.	Debbie MATLESS	52	UEA Norwich	34.34	452
2.	Sarah TAYLOR	50	West Norfolk	47.17	142

55/59 Yrs Age Group - Full Results

1.	Jane BLACKWELL	56	UEA Norwich	45.43	166
2.	Jacqueline PATEL	55	Kings Corm	1:07.78	22

60/64 Yrs Age Group - Full Results

1.	Sally LELEAN	64	Diss Otters	1:03.53	32
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65/69 Yrs Age Group - Full Results

1.	Patricia JACKSON	68	East Anglian	43.31	201
2.	Mary HOLLAND	69	Long Eaton	51.76	94

EVENT 10 Mens Open 50m Breaststroke**18/24 Yrs Age Group - Full Results**

1.	Nathan HENDERSON	23	Gt Yarmouth	30.06	738
2.	Joshua GRAY	21	West Norfolk	31.52	650
3.	Matthew CRACKELL	24	Corby	34.19	516
4.	Simon TATE	22	Godalming	35.59	457
5.	George EVANS	20	Gwich Royals	36.20	433
6.	Samuel CHANDLER	19	West Norfolk	36.96	405

25/29 Yrs Age Group - Full Results

1.	James NICHOLAS	26	UEA Norwich	34.17	516
2.	Peter BRYSTOW	25	St Ives	35.41	464

30/34 Yrs Age Group - Full Results

1.	Wade RIMBACH	31	Otter	35.35	466
2.	Max PATERSON	34	Norfolk Vikg	35.82	448

35/39 Yrs Age Group - Full Results

1.	Nick TYRRELL	36	East Anglian	35.51	460
2.	Sam KENDRICK	39	Norfolk Vikg	36.44	424

40/44 Yrs Age Group - Full Results

1.	Mark CLAXTON	44	Norfolk Vikg	35.69	453
2.	Rob HAMMOND	42	UEA Norwich	37.46	388
3.	Lee BENNETT	44	UEA Norwich	43.88	222

45/49 Yrs Age Group - Full Results

1.	Marcel SCHOLTEN	49	Modernians	33.76	535
2.	Adam KORN	49	East Anglian	35.48	461
3.	Clive MITSON	46	Stowmarket	39.45	327
4.	David BOYCE	46	East Anglian	40.42	300
5.	David BORTHWICK	47	East Anglian	40.63	295
6.	Robert ARTHUR	47	West Norfolk	46.44	178

50/54 Yrs Age Group - Full Results

1.	Martyn FRESHER	53	March	35.82	448
2.	Adam LELEAN	53	Diss Otters	37.90	374
3.	Peter LYNCH	53	Stowmarket	38.50	355
4.	Rob GARRY	51	Mildenhall	55.91	78

55/59 Yrs Age Group - Full Results

1.	David CARTLEDGE	55	Modernians	34.97	482
2.	Nicholas HUNT	59	Chelmsford	36.93	406
3.	Philip COTTON	59	Norwich Swan	39.89	314
4.	John GOODALL	58	Dartford	42.31	255
5.	Shane PREECE	58	East Anglian	43.73	225
6.	Clive TUKE	58	St Ives	44.53	210
7.	John BROWNE	57	Mildenhall	53.49	96

60/64 Yrs Age Group - Full Results

1.	David COLES	61	West Norfolk	44.96	202
2.	Peter RANK	63	Co Cambridge	52.98	101
3.	Tony TRAYFORD	63	West Norfolk	56.56	74

65/69 Yrs Age Group - Full Results

1.	Terence THORNE	65	East Anglian	41.07	284
2.	Stuart MCLELLAN	66	Sudbury	45.52	193
3.	Chris TRUEMAN	68	UEA Norwich	45.97	185
4.	Ted FARRIER	65	St Ives	47.26	166
5.	Roy WILSON	69	Ruislip Nwd	55.51	81
6.	James GOODALL	67	East Anglian	56.57	74

70/74 Yrs Age Group - Full Results

1.	George JACKSON	70	East Anglian	48.80	145
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75/79 Yrs Age Group - Full Results

1.	Joseph O'DEA	75	Ruislip Nwd	51.59	114
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80/84 Yrs Age Group - Full Results

1.	Neil HOWELL	83	East Anglian	1:07.19	29
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85 Yrs/Over Age Group - Full Results

1.	Donald MACFARLANE	86	West Norfolk	1:15.46	14
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EVENT 11 Womens Open 50m Breaststroke**18/24 Yrs Age Group - Full Results**

1.	Clare BARTINGTON	22	UEA Norwich	35.47	661
2.	Cara FRESHER	22	March	44.13	340

25/29 Yrs Age Group - Full Results

1.	Emily AUST	25	Biggleswade	39.91	470
2.	Amanda BEDDER	29	Norwich Swan	40.81	439
3.	Rebecca JACKSON	29	Diss Otters	41.17	427
4.	Cheryl BELTON	26	Norwich Swan	45.98	295

30/34 Yrs Age Group - Full Results

1.	Hanna DABBOUR	32	East Anglian	43.68	352
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35/39 Yrs Age Group - Full Results

1.	Kate WARWICK	37	East Anglian	35.68	650
2.	Lynne MEALE	38	UEA Norwich	39.40	489

40/44 Yrs Age Group - Full Results

1.	Mel CHAPMAN	41	UEA Norwich	43.95	345
2.	Rachel BULLINGHAM	41	West Suffolk	45.76	300

45/49 Yrs Age Group - Full Results

1.	Sarah ADCOCK	48	East Anglian	50.10	215
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50/54 Yrs Age Group - Full Results

1.	Sarah TAYLOR	50	West Norfolk	50.35	211
2.	Jane SMITH	51	Newmarket	54.60	152
3.	Desiree PENNINGTON	53	West Norfolk	55.15	146
4.	Suzanne CARTER	54	West Norfolk	58.56	112

55/59 Yrs Age Group - Full Results

1.	Sharon MCLELLAN	57	Sudbury	52.18	183
2.	Jacqueline PATEL	55	Kings Corm	1:17.87	25

60/64 Yrs Age Group - Full Results

1.	Susan THORNETT	60	Diss Otters	50.24	213
2.	Sally LELEAN	64	Diss Otters	55.64	141

65/69 Yrs Age Group - Full Results

1.	Elizabeth REID	65	Impington	50.24	213
2.	Patricia JACKSON	68	East Anglian	51.07	200

70/74 Yrs Age Group - Full Results

1.	Alvine HAISTEAD	72	East Anglian	1:10.29	45
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EVENT 12 Mens Open 100m IM**18/24 Yrs Age Group - Full Results**

1.	Joshua GRAY	21	West Norfolk	1:03.22	616	29.70
2.	Nathan HENDERSON	23	Gt Yarmouth	1:03.23	615	30.82
3.	Alex MURRAY	22	West Norfolk	1:07.35	513	30.10
4.	Matthew CRACKELL	24	Corby	1:09.54	466	32.12
5.	Samuel CHANDLER	19	West Norfolk	1:11.53	427	32.45

25/29 Yrs Age Group - Full Results

1.	James NICHOLAS	26	UEA Norwich	1:07.18	517	30.90
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30/34 Yrs Age Group - Full Results

1.	Wade RIMBACH	31	Otter	1:07.48	510	31.26
2.	Max PATERSON	34	Norfolk Vikg	1:09.03	476	31.47

35/39 Yrs Age Group - Full Results

1.	David WEBSTER	37	East Anglian	1:10.92	438	32.36
2.	Reuben SMITH	35	Newmarket	1:16.55	342	36.15
3.	Sam KENDRICK	39	Norfolk Vikg	1:17.80	323	37.22

40/44 Yrs Age Group - Full Results

1.	Stuart DYBLE	44	Norfolk Vikg	1:10.52	446	32.32
2.	Mark CLAXTON	44	Norfolk Vikg	1:12.56	408	34.99
3.	Rob HAMMOND	42	UEA Norwich	1:14.73	370	35.32
4.	Lee BENNETT	44	UEA Norwich	1:30.55	184	42.39

45/49 Yrs Age Group - Full Results

1.	Marcel SCHOLTEN	49	Modernians	1:08.26	493	33.22
2.	Adam KORN	49	East Anglian	1:12.11	416	33.62
3.	David BORTHWICK	47	East Anglian	1:18.92	308	37.49
4.	Clive MITSON	46	Stowmarket	1:20.52	287	37.28
5.	Duncan SPICER	49	Ruislip Nwd	1:32.54	169	44.23

50/54 Yrs Age Group - Full Results

1.	Adam LELEAN	53	Diss Otters	1:16.36	345	37.81
2.	Rob GARRY	51	Mildenhall	1:49.57	79	49.94
	Steve COE	52	Thetford	DNC		

55/59 Yrs Age Group - Full Results

1.	David CARTLEDGE	55	Modernians	1:08.99	477	32.45
2.	Nicholas HUNT	59	Chelmsford	1:20.49	287	39.26
3.	Philip COTTON	59	Norwich Swan	1:21.04	280	38.56
4.	Shane PREECE	58	East Anglian	1:35.75	146	43.49
5.	John BROWNE	57	Mildenhall	1:56.57	58	1:00.43

60/64 Yrs Age Group - Full Results

1.	Peter RANK	63	Co Cambridge	1:51.83	72	56.71
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65/69 Yrs Age Group - Full Results

1.	Stuart MCLELLAN	66	Sudbury	1:27.78	208	40.43
2.	Chris TRUEMAN	68	UEA Norwich	1:41.24	115	47.63
3.	Roy WILSON	69	Ruislip Nwd	1:57.50	56	58.28
4.	James GOODALL	67	East Anglian	2:02.22	45	57.96

70/74 Yrs Age Group - Full Results

1.	George JACKSON	70	East Anglian	1:48.69	82	53.59
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75/79 Yrs Age Group - Full Results

1.	Joseph O'DEA	75	Ruislip Nwd	1:58.16	54	58.42
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EVENT 13 Womens Open 100m IM**18/24 Yrs Age Group - Full Results**

1.	Mimi BARR	21	Bath Uni WP	1:08.47	714	30.70
2.	Clare BARTINGTON	22	UEA Norwich	1:10.42	662	33.46

25/29 Yrs Age Group - Full Results

1.	Amanda BEDDER	29	Norwich Swan	1:16.99	514	36.37
2.	Emily AUST	25	Biggleswade	1:18.08	493	36.99
3.	Claire GILCHRIST	26	East Anglian	1:19.95	459	35.91

30/34 Yrs Age Group - Full Results

1.	Catherine MARKWELL	34	UEA Norwich	1:13.73	583	33.16
2.	Laura BLOWERS	32	East Anglian	1:18.94	477	36.12
3.	Hanna DABBOUR	32	East Anglian	1:26.09	362	38.53

35/39 Yrs Age Group - Full Results

1.	Lynne MEALE	38	UEA Norwich	1:16.69	520	36.86
2.	Kate WARWICK	37	East Anglian	1:16.95	515	37.19

40/44 Yrs Age Group - Full Results

1.	Mel CHAPMAN	41	UEA Norwich	1:24.80	380	38.40
	Zoe CRAY	41	teamipswich	DNC		

45/49 Yrs Age Group - Full Results

1.	Lisa WITHERS	49	Newmarket	1:27.13	348	41.35
2.	Emma FOX	45	UEA Norwich	1:37.14	236	45.92
3.	Sarah EVANS	46	Diss Otters	1:45.86	169	50.05
4.	Sarah ADCOCK	48	East Anglian	1:55.08	118	54.11

50/54 Yrs Age Group - Full Results

1.	Sarah TAYLOR	50	West Norfolk	1:42.85	189	48.94
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55/59 Yrs Age Group - Full Results

1.	Kim LYNCH	56	Stowmarket	1:30.15	309	42.63
2.	Angela SHACKLETON	58	East Anglian	1:37.20	236	46.42
3.	Sharon MCLELLAN	57	Sudbury	1:37.21	236	46.52
4.	Jane BLACKWELL	56	UEA Norwich	1:45.99	168	49.34
5.	Jacqueline PATEL	55	Kings Corm	2:19.66	45	1:08.05

60/64 Yrs Age Group - Full Results

1.	Susan THORNETT	60	Diss Otters	1:48.66	151	53.49
2.	Sally LELEAN	64	Diss Otters	2:01.04	94	59.01

65/69 Yrs Age Group - Full Results

1.	Patricia JACKSON	68	East Anglian	1:40.04	211	46.93
2.	Elizabeth REID	65	Impington	1:53.11	127	56.63

EVENT 14 Mens/Womens Open 100m Free.Team**072+ Yrs Age Group - Full Results**

1.	Asa Temporary cat 2 cl	072+	Asa Temp 2	49.39
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120+ Yrs Age Group - Full Results

1.	St Ives SC	120+	St Ives	52.53
2.	East Anglian Swallow T	120+	East Anglian	57.12

160+ Yrs Age Group - Full Results

1.	East Anglian Swallow T	160+	East Anglian	54.59
2.	St Ives SC	160+	St Ives	1:00.49

200+ Yrs Age Group - Full Results

1.	East Anglian Swallow T	200+	East Anglian	1:06.24
2.	Saxons	200+	Newmarket	1:10.34
3.	Wild Geese	200+	West Norfolk	1:18.46

240+ Yrs Age Group - Full Results

	East Anglian Swallow T	240+	East Anglian	DNC
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EVENT 15 Mens Open 100m Freestyle Team**072+ Yrs Age Group - Full Results**

1.	Asa Temporary cat 2 cl	072+	Asa Temp 2	47.77
2.	West Norfolk	072+	West Norfolk	48.09

120+ Yrs Age Group - Full Results

1.	UEA City of Norwich SC	120+	UEA Norwich	55.51
	East Anglian Swallow T	120+	East Anglian	DNC

160+ Yrs Age Group - Full Results

1.	East Anglian Swallow T	160+	East Anglian	57.14
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200+ Yrs Age Group - Full Results

1.	Barbarians	200+	Team Anglia	52.18
2.	St Ives SC	200+	St Ives	58.58

240+ Yrs Age Group - Full Results

1.	Wild Geese	240+	West Norfolk	1:36.56
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EVENT 16 Womens Open 100m Freestyle Team**072+ Yrs Age Group - Full Results**

1.	Asa Temporary cat 2 cl	072+	Asa Temp 2	53.80
2.	St Ives SC	072+	St Ives	56.31

120+ Yrs Age Group - Full Results

1.	East Anglian Swallow T	120+	East Anglian	1:03.68
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160+ Yrs Age Group - Full Results

1.	UEA City of Norwich SC	160+	UEA Norwich	55.94
2.	Diss Otters SC	160+	Diss Otters	1:20.81
3.	East Anglian Swallow T	160+	East Anglian	1:23.73