

# NORFOLK COUNTY AMATEUR SWIMMING ASSOCIATION

Affiliated to the Amateur Swimming Association East Region

## Norfolk County Junior Swimming League

League Secretary:- Elaine Bowen, Beechcroft House, Rectory Hill, Rickinghall, Diss, IP22 1EH

Telephone:-

07876 494244

email:-

elaine.bowen@rocketmail.com



31<sup>st</sup> March 2016

Confirmation sent to: *Representatives of the following Clubs via email :*

Dereham & District Swimming Club; Norwich Swan Swimming Club;  
Diss Otters Swimming Club; Thetford Dolphins Swimming Club;  
Great Yarmouth Swimming Club; UEA City of Norwich Swimming Club;  
North Norfolk Vikings Swimming Club; West Norfolk Swimming Club;

Cc President: Karen Woodhouse; President Elect: TBC; Chairman: Kevin Rumsey;  
Secretary: Debbie McRoberts; Treasurer: Keith Belton; Competitions Secretary: Cheryl Rose;  
Asst. Secretary: Tony Smith

### **Results of Round 1 Galas on 19<sup>th</sup> March 2016**

	<u>Dereham</u>			<u>Thetford</u>	
Place		Gala			Gala
1 <sup>st</sup>	UEA City of Norwich 'A'	205.5		Norwich Swan 'A'	188
2 <sup>nd</sup>	Dereham Otters	147		Diss Otters	155
3 <sup>rd</sup>	UEA City of Norwich 'B'	135		Thetford Dolphins	130
4 <sup>th</sup>	North Norfolk Vikings	109.5		Great Yarmouth	101
5 <sup>th</sup>	West Norfolk	59		Norwich Swan 'B'	95

### **League Positions after Round 1 and Lane Draw for Round 2 on Saturday 23<sup>rd</sup> April 2016**

**Copeman Cup Gala at Wymondham Leisure Pool** : 5:50pm Start. Warm up 5.30pm

		Points		
		Gala	League	Lane
UEA City of Norwich 'A'		205.		
		5	5 + 6 = 11	3
Norwich Swan 'A'	<i>Host Club</i>	188	5 + 6 = 11	4
Diss Otters		155	4 + 6 = 10	2
Dereham Otters		147	4 + 6 = 10	5
UEA City of Norwich 'B'		135	3 + 6 = 9	1

**Christine Clark Cup Gala at Thetford Waterworld Pool** : 6.40pm Start. Warm up 6.20pm

		Points		
		Gala	League	Lane
Thetford Dolphins	<i>Host Club</i>	130	3	3
North Norfolk Vikings		109.		
		5	2	4
Great Yarmouth		101	2	2
Norwich Swan 'B'		95	1	5
West Norfolk		59	1	1

# NORFOLK COUNTY AMATEUR SWIMMING ASSOCIATION

Affiliated to the Amateur Swimming Association East Region

## Norfolk County Junior Swimming League

League Secretary:- Elaine Bowen, Beechcroft House, Rectory Hill, Rickinghall, Diss, IP22 1EH  
Telephone:- 07876 494244 email:- elaine.bowen@rocketmail.com



**Clubs are again reminded to bring their own Judges and Timekeepers and are also requested to help provide some of the other Gala Officials and helpers if requested by the host Clubs. Please do make every effort to comply with this request so that there are no issues arising on the night and to assist with the smooth running of the Gala's.**

Both Galas will be using the AOE. Warm up and Competition lanes have been allocated as above.

The following is to be confirmed : The Copeman Cup will be presented to the winning Team of the League at the Wymondham Gala by David Copeman/Sandra Tovee (Dick Copeman's children) with the Christine Clark Memorial Cup to the winning Team at the Thetford Gala by John Toll, Past Norfolk County ASA President

**Please can current holders ensure the Trophy's are transported to the correct venue!**

Yours sincerely

Elaine Bowen  
Junior League Secretary